

2026 Quad Cities Summer Games sponsored by QC Senior Olympics

Name _____ DOB ____ / ____ / ____
Address _____ City _____ ST _____ Zip _____
Email _____ Phone _____ Cell _____

Entry Fee \$40.00 T-Shirt (Size ____)(May 1 deadline) Attending the Closing Ceremony Picnic? yes or no

Make Checks out to Quad Cities Senior Olympics and mail to:

Quad Cities Senior Olympics, PO Box 1687, Davenport, IA 52809

Waiver Statement: (must be signed by all participants and volunteers)

WARNING: READ CAREFULLY. THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO SUE THIS EVENT AND OTHER PARTIES. DO NOT SIGN THIS AGREEMENT UNLESS YOU HAVE READ IT IN ITS ENTIRETY. SEEK THE ADVICE OF LEGAL COUNSEL IF YOU ARE UNSURE OF ITS EFFECT.

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I have been advised that I should seek advice from my physician before undertaking this physical exercise. I have either visited with my physician and received doctor's advice and consent to my exercise program or have waived such advice and consent of my doctor, and accept any and all risks.

I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON ANY OF THE PREMISES OF THIS EVENT, AND I HEREBY RELEASE AND HOLD HARMLESS AND COVENANT NOT TO FILE SUIT AGAINST THIS EVENT AND ANY AFFILIATED INDIVIDUALS OR ENTITIES ASSOCIATED WITH THIS EVENT (THE RELEASEES) FROM ANY LOSS, LIABILITY OR CLAIMS I MAY HAVE ARISING OUT OF MY PARTICIPATION IN THIS EVENT, INCLUDING PERSONAL INJURY OR DAMAGE SUFFERED BY ME OR OTHERS, WHETHER SAME BE CAUSED BY FALLS, CONTACT WITH PARTICIPANTS, CONDITIONS OF THE COURSE, NEGLIGENCE OF THE RELEASEES, COVID 19 or RELATED DISEASES, OR OTHERWISE.

Signature _____ Date _____

Specify if volunteer _____

Participants circle selected events below

Wednesday, May 13

Literary Arts (see website for rules)

Fiction Non-fiction

Poetry - Free Verse Poetry – Rhyming

(Electronic File Entries due)

Arts & Crafts (Entries due at CASI 12-6 pm)

Ceramics	Polymers	Wood Carving
Mixed Media	Metal	Beading/Jewelry
Sculpture	Charcoal	Pen & Ink
Pencil/Colored Pencil		Cross Stitch
Crochet	Embroidery	Needlework
Knitting		Counted Cross Stitch
Photography: Color, Black & White		
Painting: Watercolor, Acrylics, Oil, Pastels		

Saturday/Sunday, May 16/17

Pickleball Singles Pickleball Doubles

Partner _____

Pickleball Mixed Doubles

Partner _____

Pickleball Skill level _____

Monday, May 18

Shuffleboard Singles Shuffleboard Doubles

Partner _____

Shuffleboard Mixed Doubles

Partner _____

Monday, May 25

QC Running Festival 5K -paper deadline 5/9

Tuesday, May 26

Opening ceremonies

Art & Crafts/Literary arts medal presentation

Wednesday May 27

Bocce Ball

Disc Golf

Spelling Bee

Thursday, May 28, 2024

Bean Bag Toss Singles
Bean Bag Toss Doubles
Partner _____
Bean Bag Toss Mixed Doubles
Partner _____
Golf at Emeis Golf Course
10K Cycling time trial

Performing Arts

Drama - Solo	Drama – Group
Vocal – Solo	Vocal Group
Dance – Solo	Dance – Group
Instrumental – Solo	Instrumental - Group

Friday, May 29

Billiards (Site fees)
12.4-mile Cycling road race
Euchre
Youth Track & Field Meet
Throwing pentathlon

Saturday, May 30

Softball Throw	Football Throw
Disc Golf Distance	Football Kick Off
Football Punt	Football Field Goal
Horseshoes	Horseshoe Doubles
Partner _____	
Bowling	
Basketball Free Throws	
Basketball Around the World	
Basketball 3 Point Contest	
Bench Press	
Push Ups	
Pull Ups	

Saturday, May 30, Track & Field

50 Meters
100 Meters
200 Meters
400 Meters
800 Meters
1500 Meters
3,000 Meters
One-lap no rules relay
Standing Long Jump
Long Jump
Triple Jump
High Jump
Pole Vault
Javelin
Shot
Discus
Weight Throw
Hammer

Saturday, May 30, Swimming

50 Free, 25 Free
50 Breast, 25 Breast
50 Back, 25 Back
50 Fly, 25 Fly
100 Fly
100 Back
100 IM
100 Free
100 Breast
200 Free
500 Free

Go to www.qcsogo.org for locations and times of all 2026 events