

2018 Quad Cities Senior Olympics (www.qcsogo.org)

Name _____ DOB ____/____/____

Address _____ City _____ ST _____ Zip _____

Email _____ Phone _____ Cell _____

Entry Fee \$25.00 T-Shirt \$10.00 Must be ordered by 6-20-18 Day of event entry fee is \$30.00

Online entry preferred please. Make Checks out to QCSOGO and mail to:

Quad Cities Senior Olympics 1800 3rd Avenue, Suite 304, Rock Island, IL 61201

Waiver Statement: (must be signed by all participants)

WARNING: READ CAREFULLY. THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO SUE THIS EVENT AND OTHER PARTIES. DO NOT SIGN THIS AGREEMENT UNLESS YOU HAVE READ IT IN ITS ENTIRETY. SEEK THE ADVICE OF LEGAL COUNSEL IF YOU ARE UNSURE OF ITS EFFECT.

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I have been advised that I should seek advice from my physician before undertaking this physical exercise. I have either visited with my physician and received doctor's advice and consent to my exercise program or have waived such advice and consent of my doctor, and except any and all risks.

I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON THE PREMISES OF THIS EVENT, AND I HEREBY RELEASE AND HOLD HARMLESS AND COVENANT NOT TO FILE SUIT AGAINST THIS EVENT AND ANY AFFILIATED INDIVIDUALS OR ENTITIES ASSOCIATED WITH THIS EVENT (THE RELEASEES) FROM ANY LOSS, LIABILITY OR CLAIMS I MAY HAVE ARISING OUT OF MY PARTICIPATION IN THIS EVENT, INCLUDING PERSONAL INJURY OR DAMAGE SUFFERED BY ME OR OTHERS, WHETHER SAME BE CAUSED BY FALLS, CONTACT WITH PARTICIPANTS, CONDITIONS OF THE COURSE, NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

Signature _____ Date _____

Circle all events you plan to enter

Saturday, May 26, Archery @ Long Grove, IA

Monday, June 25, 2018 @ CASI, Davenport

Shuffleboard Singles Shuffleboard Doubles

Partner _____

Shuffleboard Mixed Doubles

Partner _____

Trivia/Spelling Bee @ 10:00 a.m.

Senior Star @ Elmore Place/4500 Elmore Ave.

Tuesday, June 26, 2018

5K Road Race (run or walk) **(All ages eligible)**

10K Cycling, Hwy 67 & 170th Ave. Preemption, IL

Wednesday, June 27, 2018 Lincoln Park RIland

Tennis Singles Tennis Doubles

Partner _____

Tennis Mixed Doubles

Partner _____

Thursday, June 28, 2018

Golf (Saukie or Emeis) _____

Disc Golf – Longview Park, Rock Island, IL

25K Cycling, Adventure Quest, Port Byron, IL

Arts and Crafts (Entries due at CASI June 7)

Ceramics Polymers Wood Carving

Mixed Media Metal Beading/Jewelry

Sculpture Charcoal Pen & Ink

Pencil/Colored Pencil Cross Stitch

Crochet Embroidery Needlework

Knitting Counted Cross Stitch

Circle all events you plan to enter

Thursday, June 28, 2018

Performing Arts at CASI/Davenport

- Drama - Solo Drama – Group
- Vocal – Solo Vocal Group
- Dance – Solo Dance – Group
- Instrumental – Solo Instrumental - Group
- Ballroom Dancing Waltz or East Coast Swing

Literary Arts (due June 1)

- Fiction Non-fiction
- Poetry - Free Verse Poetry – Rhyming

Friday, June 29, 2018 – Milan Rifle Club, IL

- Bullseye Pistol
- Air Silhouette Pistol

- Basketball Free Throws @ PepsiCo, RI
- Basketball Around the World @ PepsiCo
- Basketball 3 Point Contest @ PepsiCo

Pickleball MXD Friday (Deadline June 15)

Partner_____

Table Tennis Singles Table Tennis Doubles

Partner_____

Billiards

- Softball Throw
- Football Accuracy Throw
- Disc Golf Accuracy Putting
- Soccer Accuracy
- Softball Accuracy
- Football Distance Throw
- Disc Golf Distance Throw
- Soccer Distance Kick
- Football Punt
- Football Kickoff

Badminton Singles Badminton Dbls
Partner_____

Saturday, June 30, 2018

**Track & Field All Comers Meet
(High School Graduates and older are eligible)**

- Javelin
- Shot
- Discus

Pickleball DBLS/SGLS will follow

Partner_____

- Weight Throw
- Long Jump
- Standing Long Jump
- High Jump
- Triple Jump
- Pole Vault
- 1500 Meters
- 50 Meters
- 400 Meters
- 100 Meters
- 800 Meters
- 200 Meters
- 3,000 Meters

Bowling

Horseshoes @ Riverside Park, Moline, IL
Partner_____

Swimming (limited to 4 events) Augie Pool

- | | | |
|----------|----------|------------|
| 100 Fly | 200 Free | 50 Breast |
| 50 Free | 100 Back | 100 IM |
| 100 Free | 50 Back | 100 Breast |
| 50 Fly | 500 Free | |

Bench Press @ Carver Center Weight Room

T-Shirt/Size: SM/MED/LG/XL-\$10.00
XXL and XXXL \$12.00

Visit us on line: Quad Cities Senior Olympics for more information about the 2018 games Online Registration/Payment preferred.