

Quad Cities Senior Olympics

06/24/19 – 06/29/19

Augustana Roy J. Carver PE Center

Bench Press

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Patrick Morgan 1.36		
Age Groups 56 - 59	Joe Casillas 1.53	Scott Groenke 1.02	
Age Groups 60 - 64	Jack Guzzo 1.6*	David Rainey 1.32	Timothy Terronez 0.63
Age Groups 65 - 69	Ken Beach 1.56	Billy Potter 1.26 Charles Warren 1.26	
Age Groups 70 - 79	Jack R. Jr. Frazelle 0.96		

Jack Guzzo 1.6* over all winner

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Weight Throw Men's

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Troy Bellrichard		
Age Groups 56 - 59	Dennis Lehr	Greg Theologes	
Age Groups 60 - 64	Jeff Carl		
Age Groups 65 - 69	Wayne Renner	Charles Warren	Gary Regenwether
Age Groups 70 – 74	Rod Speidel	William Butzin	Cecil Roth
Age Groups 80 -	Don Amery		
Age Group 80 – 85	Bill park	Bud Smith	
Age Group 90	Ralph Whiteman		

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
			4 th Robert Donaldson		

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Weight Throw Woman's

Bracket	Gold	Silver	Bronze
Age Groups 60 - 64	Penny Stahl		
Age Groups 65 - 69	Linda Rowe	Martha Green	